

The cover features a yellow and green gradient background. In the top left corner is the logo of the Centre Tecnològic Forestal de Catalunya. The main title 'Sustainable wild harvesting of MAP in Spain' is written in a large, dark green font. Below the title, there are logos for 'PLANT WILD Forest Plants Wild Harvesting Learning in Europe', the European Union flag, and the 'Education and Culture DG Lifelong Learning Programme'. A central photograph shows hands harvesting a plant in a field. Text on the right side includes 'Study cases yellow gentian and bearberry', the name 'Roser Melero', the email '[roser.melero@ctfc.cat](mailto:roser.melero@ctfc.cat)', and 'NWFP department Medicinal and aromatic plants'. At the bottom left, it says 'Vilnius, 10-13 July 2012', and at the bottom right, the website 'www.ctfc.cat' is listed.

**Sustainable wild harvesting of MAP in Spain**

Study cases  
yellow gentian and bearberry

Roser Melero  
[roser.melero@ctfc.cat](mailto:roser.melero@ctfc.cat)

NWFP department  
Medicinal and aromatic plants


Vilnius, 10-13 July 2012

[www.ctfc.cat](http://www.ctfc.cat)


The cover has a white background with a yellow and green gradient in the top left and bottom right corners. The logo of the Centre Tecnològic Forestal de Catalunya is in the top left. The title 'Case study Gentiana lutea' is centered in a large, black font. The website 'www.ctfc.cat' is located in the bottom right corner.

**Case study**  
*Gentiana lutea*

[www.ctfc.cat](http://www.ctfc.cat)


 **Gençana**  
*Gentiana lutea L.*

- Harvesting time: end summer or autumn
- Uniformity
- Harvesting quota depending on initial plant density, but < 50%
- Cutting and burying shoots
- Adult plants: flowering plants or with many shoots
- Return period: 10-15 years



**Gençana**  
*Gentiana lutea L.*






Centre Tecnològic Forestal de Catalunya

# Case study

## *Arctostaphylos uva-ursi*

[www.ctfc.cat](http://www.ctfc.cat)



### Boixerola

*Arctostaphylos uva-ursi* (L.) Spreng.

- Harvesting time: autumn
- Harvesting quota:  $\leq 50\%$
- Only young parts
- Uniformity: the same cover before and after harvesting
- Return period: min. 3 years

